



Nourish Life Anonymously: Ara Hao
August 7th - September 7th, 2023
Project Gallery V

New York, N.Y., August 7th, 2023 | Project Gallery V is pleased to present an exhibition of 24 works by Ara Hao.

Ara Hao (b. 1997, Mountain View) currently lives and works in Berkeley, California. She received her B.A. in visual arts from Columbia University in 2020.

Ara Hao's color-focused practice is gripped by ideas surrounding racial identity, artificial intelligence, and the solace of being immersed in the natural world. Recording gestures using colored pencils and oil paint, she experiments with ways of somatically translating images carefully altered using neural networks to portray wildness as it is present in herself, nature, and machine systems.

While her recent work has focused on expression through the depiction of foliage - there is a soft, attentive thread which connects these works to her works related to skin, American symbolism, and abstract experimentation that we are interested in showcasing in tandem for the first time.

Nourish Life Anonymously reflects Hao's desire to connect the sentiment behind her work to the words of late political writer, poet, and artist, Etel Adnan, who arrived in Berkeley in 1955 and later lived in Sausalito, California from 1958 until the end of her life.

"Who is the most important person that you have ever met? And I said it was the mountain. I discovered that it's never two minutes the same. When a cloud goes in front of the sun, it's as if somebody turns off a light and everything changes. So you realize that we are in constant change and turmoil. There is no total rest. Not only for us, but for the world. Nature is also constantly changing like we are."

- Etel Adnan

"I share with Adnan a love of nature, color, and words. I believe we are sensitive to beauty in similar ways. Most importantly, with her, I create space in my work for us to feel and appreciate the forces which nourish life anonymously."

- Ara Hao

You can view *Nourish Life Anonymously* on the Project Gallery V website [here](#).

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